

Sun Form

Clock Position	Series	Number	Description	Direction
11	Wave Hands Right	1	Commencement Form	
12		2	Opening and Closing Hands	
2		3	Push	Right
2		4	Single Whip	
12		5	Wipe the Table	Left
12		6	Waving Hands in the Cloud	Right
12		7	Opening and Closing Hands	
9		8	Brush Knee and Twist Step	Left
9		9	Playing the Lute	
9		10	Deflect down and Dagger Strike	Left - Right
9		11	Parry and Punch	
9		12	Deflect up and Press	
12		13	Elbow strike	Right
12	Wave Hands Left	14	Opening and Closing Hands	
10		15	Push	Left
10		16	Single Whip	
12		17	Wipe the Table	Right
12		18	Waving Hands in the Cloud	Left
12		19	Opening and Closing Hands	
3		20	Brush Knee and Twist Step	Right
3		21	Playing the Lute	
3		22	Deflect down and Dagger Strike	Right - Left
3		23	Parry and Punch	
3		24	Deflect up and Press	
12		25	Elbow strike	Left
12	Deflect and Press Series	26	Opening and Closing Hands	
10		27	Step and Push	Left
10		28	Single Whip	
3		29	Step and Brush Knee	Right
3		30	Pull Down	
3		31	Deflect and Press	
12		32	Sweep and Elbow Strike	Left
12		33	Opening and Closing Hands	
9		34	Deflect right and Step left	Left
9		35	Punch Under Elbow	
6		36	Deflect up and Step left	Left
6		37	Repulse Monkey	
12		38	Deflect up and Step right	Right
12		39	Repulse Monkey	
9		40	Repulse Monkey	Left
9		41	Pull Down	
9		42	Deflect and Press	
12	43	Elbow strike	Right	
12	44	Opening and Closing Hands		
12	45	Closing Form		