

Yang 24

Clock Position	Series	Number	Description	Stance	Step Direction
12	Horse's Mane Series		Wu Chi		
12		1	T'ai Chi: Opening	Horse Stance	
9		2	Part the Horse's Mane - Left	Bow Stance	Left
9			Part the Horse's Mane - Right	Bow Stance	Right
9			Part the Horse's Mane - Left	Bow Stance	Left
9		3	White Crane Cools Its Wings	Feather Stance	Left
9		4	Brush Knee - Left	Bow Stance	Forward
9			Brush Knee - Right	Bow Stance	Right
9			Brush Knee - Left	Bow Stance	Left
9		5	Playing the Lute (also, Play Guitar)	Bow/Heel Stance	Left
9		6	Repulse Monkey - Right	Retreating Bow	Back
9			Repulse Monkey - Left	Bow Stance	Left
9			Repulse Monkey - Right	Left-Right	Oblique Left-Right
9			Repulse Monkey - Left	Bow Stance	Left
9	Sparrow Series	7	Grasp the Sparrow's Tail: Ward-Off Left	Bow Stance	Forward
9			Grasp the Sparrow's Tail: Roll back, Turn & Press, Pull Back, Push	Bow Stance	
3		8	Grasp the Sparrow's Tail: Ward-Off Right	Bow Stance	180-Right
3			Grasp the Sparrow's Tail: Roll back, Turn & Press, Pull Back, Push	Bow Stance	
9		9	Single Whip	Bow Stance	Left
12		10	Wave Hands Like Clouds (3 times)	Side-Step	Left
9		11	Single Whip	Bow Stance	Left
9	Kick Series	12	High Pat on Horse	Retreating Bow	Forward
11		13	Heel Kick Right	Diagonal Bow	Right
11		14	Box ears (Strike opponent's ears with fists)	Bow Stance	Forward
5		15	Turn and Heel Kick Left	Diagonal Bow	Left
6		16	Snake Creeps Down - Left	Bow Stance	Left
3			Golden Cock Stands on One Foot - Left		
12		17	Snake Creeps Down - Right	Bow Stance	Right
3		Golden Cock Stands on One Foot - Right			
5	Shuttle Series	18	Fair Lady Works at the Shuttles - Right	Bow Stance	Right
2			Fair Lady Works at the Shuttles - Left	Bow Stance	Left
3		19	Needle at Sea Bottom	Retreating Bow	
3		20	Fan through the Back	Bow Stance	Forward
9		21	Reverse Punch (Turn around and chop)	Bow Stance	
9		22	Step, Deflect, and Intercept (also, Hit Gong)	Bow Stance	Forward
9			Step and Punch	Bow Stance	Forward
9		23	Wipe-Off, Withdraw, & Push	Open Bow Stance	Left
12		24	Turn and Close	Horse Stance	
12			Closing Form		